

Kadlec's
NICU continues to
serve more and more
tiny babies

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Leading the Way

EVEN FROM A young age, Lane Savitch, Kadlec Health System regional chief executive, knew he wanted to have a career in health care. After earning undergraduate degrees in biology and chemistry, he began working in a research lab in Philadelphia with one of the world leaders in ultrasound technology.

"The research fascinated me," said Savitch, "yet I soon realized I wanted something more people oriented, and a family friend suggested hospital administration."

It was that recommendation that started him on a road through several hospital stops to the helm of Kadlec, always learning as much as he could along the way.

The new direction

The change from research to administration began with Savitch speaking to hospital administrators throughout the Seattle area; they all suggested he start at a smaller hospital where he would get the broadest experience. Valley General Hospital in Monroe, Wash., was just the place.

"I met with their executive team and said I was willing to do

anything and would work cheap — at that time minimum wage was \$2.45 an hour," he said. "My first day on the job, they asked me to write a certificate of need for ambulance service. It was a great learning experience."

His next project, now with the title of systems analyst, was to look at the organizational structure of the entire hospital, create a flow chart of every department and streamline the system.

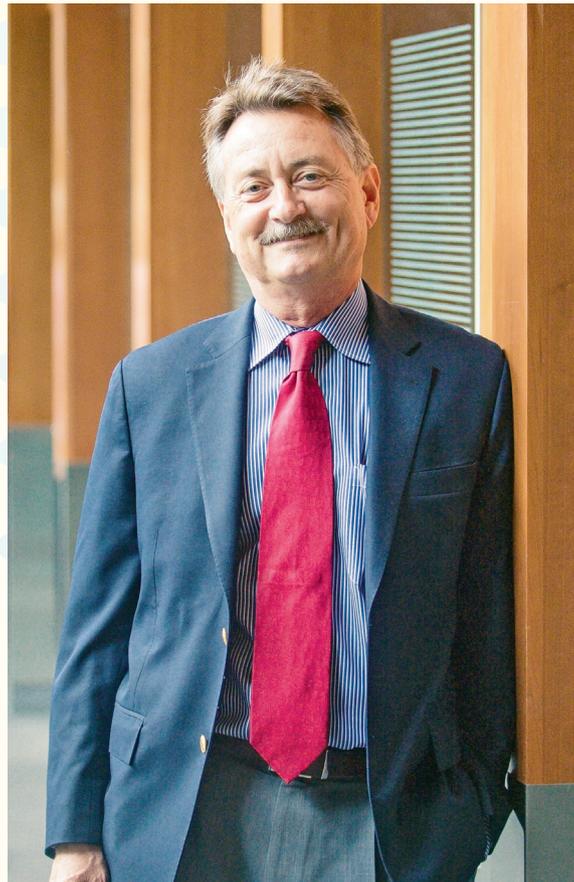
"I learned so much about how a hospital operates. I pestered everyone about why they did something the way they did it. In the end, I think we created a smoother system," Savitch said.

He remained at Valley General Hospital for 20 years, growing in his responsibilities and spending the last 10 years there as its chief executive officer.

Along the way, he did an independent study master's program in health administration.

His next stop was with Stevens Healthcare in Edmonds, Wash., as its senior executive director, followed by chief operating officer of the Ballard Campus of Swedish Medical Center, Seattle.

While at Swedish, he helped develop the first freestanding



Lane Savitch
Kadlec Health System
regional chief executive

NICU Continues to Grow

It's been two years since the opening of the expanded Neonatal Intensive Care Unit, and since that time the number of tiny babies cared for at Kadlec has continued to grow.

When it opened, the average census in the NICU was 13 babies. Now, the average census is 19. Even with the enlarged NICU, there have been times when the unit has been so full that there was not space to accommodate the

transfer of babies to Kadlec.

"We are now caring for tinier babies," said Kelly Harper, RN, Kadlec Maternal Child Services manager. "We are now able to keep babies of 23 gestational weeks, rather than at 24-25 gestational weeks."

With the growth in the numbers of babies in the NICU, the unit's staff has also grown to three neonatologists and five neonatal nurse practitioners.

Emergency Department in the state, and he had his first exposure to a service line structure, which was spread across three campuses. "Stevens and Swedish were both interesting, but very different experiences. I learned a lot at both places," he said.

Prior to Kadlec, he served as interim chief operating officer of the Alaska Native Medical Center in Anchorage.

"This was a lot of fun. We had a chronic problem of a moose walking into our emergency department by accessing the automatic doors. When it got ridiculously cold, I knew it was time to come home," he said.

Coming to Kadlec

When that interim position wrapped up, Savitch was contacted by then Kadlec president and CEO Rand Wortman about a newly created, interim position as president of Kadlec Regional Medical Center. That was in 2006.

"I went through the interview process as a favor to Rand," he said. "It took me less than 30 days to realize this place is amazing. It has flown under the radar for so long. I'd been in hospital management for more than 30 years, and I had never realized all the great things going on here."

Among the things he discovered was an executive team committed to the organization. "This was not a stepping-stone hospital for this team. I felt so welcome, so at home. I quickly overcame my brainwashing about eastern Washington and realized I wanted to spend the rest of my career here. Then I had to tell my wife," he said with a grin.

In 2015, Kadlec underwent restructuring, and Savitch took over the reins as president and chief executive of Kadlec Regional Medical Center, which included both the hospital and the clinic system.

"When Rand retired in May 2016, I stepped into his very large shoes as regional chief executive of Kadlec Health System," Savitch said.

His job is to continue to lead Kadlec as it charts a course ahead including creating a regional strategy and to continue the transition into Providence Health & Services.

"There is still so much we can do," he said. "We need stronger mental health services for the region and stronger rural medicine. We are now working on creating a stronger

connection with the health care services in Spokane, which is a huge opportunity. We are looking at ways to better coordinate care within the region. We are looking at trauma services and improving the patient transfer system."

According to Savitch, "There are lots of health care needs, and we are working to create a network to meet those needs. It is all very exciting.

"We are also two years into our affiliation with Providence, and it will take at least another three years to become fully integrated. Meanwhile, we are already seeing the strength of that affiliation and how it is improving care for patients. Our challenge is to become fully integrated without losing our Kadlec identity, which is something very special and unique," he said.

Longtime Kadlec executive team member Jeff Clark sees Savitch as the perfect person to lead Kadlec into the future.

"Lane brings a wealth of experience in both small hospitals and large systems. He also has intimate knowledge of Kadlec, having run operations during the past decade of enormous growth," said Clark.

Now at the helm of Kadlec, Savitch is putting everything he learned from that first day at Valley General Hospital through to the present to good use.

"I've always surrounded myself with the best people I could find, and then throw out new, crazy ideas and see how they respond," he said with a grin. "I think crazy ideas should be required of any CEO job.

"I have a huge responsibility to carry on the legacy created by Rand and his executive team. Our job now is to build upon all that has been done and find new ways to make health care more rational and seamless from the perspective of the patient, family and community," he said.



Santhosh Somashekar, M.D.

The most recent addition to the NICU staff is neonatologist Santhosh Somashekar, M.D. He completed his residency in pediatrics at St. John Hospital and Medical Center near Detroit, Mich., and his fellowship in neonatal-perinatal medicine at Jackson Memorial Hospital–Jackson Health System in Miami, Fla.

"We have a neonatal nurse practitioner in the NICU 24 hours a day, every day," said Harper. "We also needed to add a third neonatologist in

order to ensure we had coverage available by a physician at all times. It is good to have Dr. Somashekar here as a part of the permanent staff. He is a great addition to our medical leadership team, and he works to educate parents to get their babies home as quickly as possible. His quiet demeanor is so appreciated by parents, too."

Dr. Somashekar and his wife have moved with their two young children to the Tri-Cities.

It's Open!

Parking at Kadlec Has Never Been So Easy

The long-awaited parking garage at Kadlec is open, providing patients and guests with easy, ample and convenient free parking.

Access to the garage as well as the main Vineyard entrance and Orchard entrance to the hospital are now off of Goethals Drive (in front of the Corrado Building). Exits from the Kadlec campus will be onto Swift Boulevard, Stevens Drive and Goethals Drive.

Parking Garage by the Numbers

5 LEVELS
663 parking stalls
2 car charging stations, with provision for an additional 12
Cost to park—it's **FREE!**



Welcome New Providers

KADLEC REGIONAL MEDICAL CENTER

888 Swift Blvd., Richland
509-946-4611

Adam Balkany, D.O.
Anesthesiology

Tuhin Banerjee, M.D.
Adult Hospitalist

John Gowdy, D.O.
Radiology

Wesley Greydanus, M.D.
Anesthesiology

Phani Kantamneni, M.D.
Intensivist

Christopher Rozelle, M.D.
Pathology

Santhosh Somashekar, M.D.
Neonatology

Mike Berry, ARNP
Emergency Medicine

Paul Carbaugh, PA-C
Emergency Medicine

Travis Henderson, PA-C
Emergency Medicine

KADLEC CLINIC

Ear, Nose & Throat

1100 Goethals Drive,
Suite D (2nd Floor)
Richland
509-942-3288

Christina Durocher, Au.D.
Audiology

Gastroenterology
602 N. Colorado St.,
Suite D, Kennewick
509-942-3180

Romana Shehzadi, M.D.
Gastroenterology

Inland Cardiology
1100 Goethals Drive,
Suite F, Richland
509-942-3272

Mershed AlSamara, M.D.
Cardiology

April Valdez, ARNP
Cardiology

Infectious Disease
833 Swift Blvd.,
Richland
509-942-2360

Kelli Wark, M.D.
Infectious Disease

Nephrology
900 Stevens Drive,
Suite 101, Richland
509-942-3163

Elhami Hannan, M.D.
Nephrology

Neuroscience Center
1100 Goethals Drive,
Suite B, Richland
509-942-3080

Tyson Harris, ARNP
Pain Management

West Kennewick Primary Care

9040 W. Clearwater Ave.
Kennewick
509-942-3291

Jessica Almaguer,
DNP-FNP
Family Medicine

Rheumatology

6710 W. Okanogan
Place
Kennewick
509-783-2000

Deepa Gali, M.D.
Rheumatology

Prosser Primary Care
336 Chardonnay Ave.,
Suite A, Prosser
509-786-2002

Constance Asiedu-Ofei, M.D.
Pediatrics

West Richland Primary Care
3950 Keene Road
West Richland
509-942-3130

Nana Kvame Asiedu-Ofei, M.D.
Pediatrics

COMMUNITY-BASED PROVIDERS

Advanced Foot and Ankle Clinic, PC

3730 Plaza Way,
Suite 6500
Kennewick
509-585-3622

Travis Carter, D.P.M.
Podiatry

Columbia Basin Oral and Maxillofacial Surgery

512 N. Young St.
Kennewick
509-783-7600

Amy Lynn Kerl, ST
Oral & Maxillofacial Surgery

Northwest Cancer Clinic

7379 W. Deschutes
Ave., #100, Kennewick
509-987-1800

Brian Lawenda, M.D.
Radiation Oncology

Northwest Orthopaedic and Sports Medicine A division of Proliance Surgeons

875 Swift Blvd.
Richland
509-946-1654

Jacob Stanfield, M.D.
Orthopedic Surgery

Andrew Shaw, PA-C
Orthopedics

Tri-Cities Orthopaedics Richland

821 Swift Blvd.
Richland
509-460-5588

Matthew Woolf, PA-C
Orthopaedic Surgery

Trios Medical Group – Nephrology

3730 Plaza Way
(4th Floor)
Kennewick
509-221-6450

Michael Murphy, M.D.
Nephrology



Find a specialist or family health care provider at kadlec.org/clinic.



Congratulations Spirit of Planetree Award Winners

Recognized for outstanding patient-centered care

Each year, Kadlec recognizes a Kadlec medical staff member and caregiver who embody the compassion and caring that is part of a truly patient-centered experience.

The 2016 Spirit of Planetree Physician Champion Award winner is Omar Khan, M.D.

His nomination read, in part, “Dr. Khan spends every day working with patients and families with severe chronic illness or who are actively dying. He takes time every single day with emotionally draining issues and sits and listens while trying to make symptoms better. It is always about what the patient needs or wants at the place where they are. He takes the time to teach nurses and doctors about how they can make a difference in both the inpatient units and in the outpatient areas. He has a vision of what end-of-life care can look like for our organization.



Omar Khan, M.D.

Recently, Dr. Khan had cared for a young woman for a year as her symptoms and pain became worse. When all treatments had failed and she went to Hospice, he made a point of visiting her at Hospice House and promised that he would continue to be with her until the end. This included a last visit after working hours one night.”



Jenny Davis

The 2016 Spirit of Planetree Caregiver Award winner is Jenny Davis, MA, CC-SLP

Her nomination read, in part, “Jenny is the epitome of personalization. She is a caregiver who has Parkinson’s disease and has chosen to specialize in helping patients with the same disease. She is an amazingly skilled provider anyway, but her ability to add that personalization to her approach does so much for our patients.

Jenny exemplifies CAREgiving and takes it to the next level. She is very inspirational. Her experiences have taught her about living in the moment. She says “If you spend your life worried about, I have Parkinson’s, I have cancer, whatever it happens to be, you’re going to miss those 3,000 sunsets in between. You have today. What can you take into that sunset, what can you take into your day that you can say, ‘This was good?’”

We also recognize the valuable contribution of our therapy pets. **Our 2016 Spirit of Planetree Animal Therapy Award winner is Baylee.** The nomination read, in part, “Since Baylee is a smaller dog, most people would want her to get up on the bed next to them. Baylee would lean up against the patient to snuggle and get pets. Many of the nurses also love to see Baylee.”

Congratulations to these winners.



Baylee

New West Kennewick Primary Care Clinic

Will add Urgent Care clinic in November

Kadlec Clinic West Kennewick Primary Care has moved to its new location at 9040 W. Clearwater Avenue.

Providers at the clinic are Shannon Dramis-Phipps, D.O., Joseph Oro, M.D., Jessica Almaguer, DNP-FNP, and Stephanie Santos, ARNP.

The clinic cares for patients of all ages, and new patients are welcome.

The clinic includes onsite, state-of-the-art imaging services.

Adding Urgent Care soon

In November, the clinic site will also offer Urgent Care.

“This is a new hybrid care model,” said Brett Yancey, West Kennewick Primary Care practice manager. “In addition to primary care, the building will also offer a separate urgent care clinic with six exam rooms.”

The providers rotate between this site and Kadlec Urgent Care at 4804 W. Clearwater Ave., Kennewick, and 9605 Sandifur Parkway, Pasco.

“This is a good way for us to meet our growing urgent care needs while making efficient use of our facilities,” said Yancey.

 Primary Care Clinic hours are 8 a.m. to 5 p.m. The clinic can be reached by calling 509-942-3291.

Urgent Care will be open from 8 a.m. to 8 p.m. daily. No appointments will be necessary for Urgent Care.



New Tower Floors Opening Soon



Nancy Dahlberg, RN, left, and Kathy Christensen, RN, lead teams that were instrumental in the design of the new four floors of the River Pavilion.

TWO OF THE four floors in the River Pavilion expansion of Kadlec Regional Medical Center are set to open in early October, with the remaining two floors scheduled to begin accepting patients in December.

Floors 8 and 10 are the first to open. The 8th floor will provide 27 additional acute care rooms for adult inpatients with medical or surgical conditions who are not critically ill. The 10th floor will be the site of 20 rooms for an expanded Intensive Care Unit.

When opened, the 7th floor will add 27 acute care patient rooms, and the 9th floor will provide 20 intensive care rooms.

“This new space gives us all breathing room,” said Nancy Dahlberg, RN, Intensive Care manager. “Every patient at Kadlec will now have a single, private room. We are also allocating more rooms to the ICU, which will reduce the number of patients we are now turning away who need this important care. Plus, all four of the new floors have phenomenal views of the river and the region.”

Health care staff integral to design

From the initial concept of the expansion through move-in, Kadlec’s nursing and health care staff has been deeply involved. Their central role in patient care makes them uniquely qualified to provide input on the facility design and structure of the units.

The process started in April 2014 with the creation of teams that included nurses, physicians, therapists and patients.

“It was early in the design process, and we wanted to create the ideal units,” said Dahlberg, who along with Kathy Christensen, RN, administrative director of Nursing Services, headed up the teams.

Initial steps included open forums and then the creation of a paper design mock-up of the units. The teams then built the units in a warehouse, using cardboard. Equipment was brought in to allow the teams to run through traditional care situations and simulated drills to see if the room designs created the space and flow they were looking for. If not, they moved the cardboard walls around and repeated the drills until they were satisfied.

The teams focused on space for families, accessibility of medical

River Pavilion Tower by the Numbers



Now 10 floors — making it the tallest building in the Tri-Cities

94

Adds 94 patient rooms, which allows for all private rooms at Kadlec



Expands Intensive Care Unit by 20 patient rooms

equipment within each room and considered the location and size of the nurses' stations. They utilized Lean concepts to help create efficient use of space and developing work processes.

"For example," said Christensen, "the Acute Care Team recognized the need for high-use supplies to be available inside the patient rooms, which allows for increased time with patients. This concept was implemented in the design of the acute care rooms."

Another example was the ICU team's input on the gym area in the new ICU.

"Adding a workout area for our ICU patients is a new concept. It will help patients, even those on ventilators, keep moving, which is so important," said Dahlberg. "When we walked through it in the cardboard stage, we decided it was too small, so we shifted things around to make the area bigger. On paper it looked just fine, but once we saw the actual mock-up, we knew it was too small. A change was made."

As the four floors are now nearing completion, Dahlberg said she can see a difference.

"One of the keys to the success of the design has been the focus on staff input. They put their heads together on this and have created something pretty special for patients, families and staff," she said.

Terrace on 7th Floor

"Early in the design process a frequent comment by staff was the ability to bring the outside to our patients," said Christensen. "The end result was an outdoor space project championed by the Kadlec staff. The

Terrace on the 7th Floor is an outdoor space offering respite for patients, families and staff alike."

Dahlberg agrees.

"The Terrace is one more way we can help everyone at the hospital feel calmer, find an oasis and have energy restored. The importance of spaces like this should not be underestimated," she said.

Funding for the expansion of the

River Pavilion did not include The Terrace. Dahlberg and Christensen co-chaired a team of caregivers, along with Kadlec Foundation, which helped raise the money to make it a reality. Much of the financial support for The Terrace came from within the hospital.

"This shows how much the staff believes in the patient-centered care concept and the vision to create this beautiful spot as a part of the medical center," Dahlberg said. "It will be an oasis that will touch so many in our community for years to come."

The Terrace will be available beginning in December, with the opening of the 7th floor.

You Are Invited

**River Pavilion Floors 8 and 10
Open House September 29**

**Ribbon Cutting
11 a.m.
Tours of both floors
11:30 a.m. – 3 p.m.**

Open House September 29

Kadlec Neurological
Resource Center presents



October 29, 1 – 5 p.m.
**Three Rivers Convention
Center, Kennewick**
Featuring Kevin Pearce,
**2010 Vancouver Olympic
contender, who suffered
a traumatic brain injury
while training for the
Olympic trials in Park
City, Utah.**

Event also includes:

- Video clip from the HBO documentary *The Crash Reel*
- Hands-on activities including the Pacific Science Center's traveling brain exhibit and Vendor Expo
- AmeriBrain Giant Brain sponsored by Kadlec Foundation

All ages welcome, especially middle and high school students. A fun, educational family afternoon! No charge.

For information, call
Kadlec Neurological
Resource Center at
 **509-943-8455.**



Acute Care rooms are larger than those on the original third floor of the hospital and designed with family space in each room

Each new room has a ceiling lift, for patient and staff safety and comfort



Each new floor has three family waiting areas, which will allow for important privacy and space

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(509) 946-4611

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Mary Lynn Merriman, MLM Communications, editor
Kim Fetrow, photography

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Helping Students

THANKS TO GENEROUS donors, Kadlec Foundation has been able to commit over \$55,000 in scholarships to area students pursuing clinical health care and health care supportive degrees for the 2016 – 2017 school year.

Receiving the scholarships to date are: Melveyne Aquino, Kassandra Baxter, Kassandra Brownlee, Carla Cribb, Kimberly Facer, Elizabeth Gage, Mercedes Gomez, Andrey Gulchuk, Cassandra Hamilton, Emily Hamilton, Rita Jones, Soyeon Kim, Marianne Korotkov,

Tallia Lewis, Erika Martinez, Danielle Monteiro, Nichole Rodriguez, Rene Salazar, Jaime Silvam, Samantha Toth, Jasmin Viveros, Candace Yenocopal and Jenna Zamarron.

Three additional scholarships were awarded: the Rita Murphy Scholarship went to Anna Munoz; the June Corrado Nursing Scholarship went to Kathryn Pfaff; and the Christy Arden Scholarship went to Heather Avelar. Funds for these scholarships are made possible by gifts from family and friends in memory of Rita, June and Christy.

High School Internship Award recipients are Amanda Landon and Marlee Turner. These awards are selected from among those students participating in the high school internship program and demonstrating exceptional commitment to pursue a health care career.

New this year are two additional scholarships (in coordination with Kadlec's Education Department) for students in PreMed/PreTherapy programs. These scholarships will be awarded later this fall.

In addition to Foundation scholarships, Kadlec Auxiliary awarded four \$2,000 scholarships to graduating high school students who are Junior Volunteers. This year's recipients are Stephanie Lommers, Laura Meng, Marlee Turner and Swetha Shutthanandan.



Your donation to Kadlec Foundation helps support important work within our community, including scholarships. For information, call 509-942-2661.

Meet Scholarship Recipient Cassandra Hamilton

Through the years, Kadlec Foundation has awarded over \$500,000 in scholarships to area students pursuing their dreams of careers as health care professionals.

Cassandra Hamilton is one of these scholarship recipients. She is studying at Columbia Basin College to become a registered nurse and also works as a certified nursing assistant on the cardiac floor at Kadlec. Here's what she said about the impact of her scholarship.

"Receiving the Foundation scholarship

means I can focus on my goals in school. It is difficult to work and go to nursing school but with this scholarship, I am feeling at ease and excited for the next two years of classes! I won't have to worry about picking up extra shifts to cover extra costs."

Upon learning about the scholarship, Cassandra said, "I honestly teared up. I am so thankful and grateful for the opportunities Kadlec has given me. This hospital does countless amazing things every day and I feel so blessed to be working here."



Cassandra Hamilton